

# Community Church Eastbourne

## News sheet

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September 2023



We do hope and pray that you have had a good summer.

Inside this edition you will find our diary for September 2023.

We offer a warm welcome at St Anthony's Centre on a Sunday morning with refreshments served from 10am. We aim to start our services at 10.15am.

We are blessed to be able to use the Tollgate School car park on a Sunday morning, if you wish to take advantage of this facility please contact us for more details.

If you are unable to join us in person for our Sunday services we continue to have an online presence each week and broadcast via [YouTube](#), which we stream live from St Anthony's Centre. This means that if you are unable to join us in person you can still join live, or watch later at your convenience. If you are unable to access any of the online services we are able to send you a video or sound recording of services on DVD, CD or USB memory stick.

If you need help with anything or just want a chat, our details are on the back of this sheet.

**Community Church**  
Eastbourne

# Dates for your Diary:



We will be finishing the “I am...” statements of Jesus which we started before the summer break.

3rd September – Toast from 9.45 followed by a family style service—The Good Shepherd



10<sup>th</sup> September – continental style breakfast from 9.30am  
— The resurrection and the Life

17<sup>th</sup> September – Communion service—I am the Vine

24th September — I am who I am

**The rates of young people struggling with anxiety and depression are rising to levels that no previous generation has encountered.**

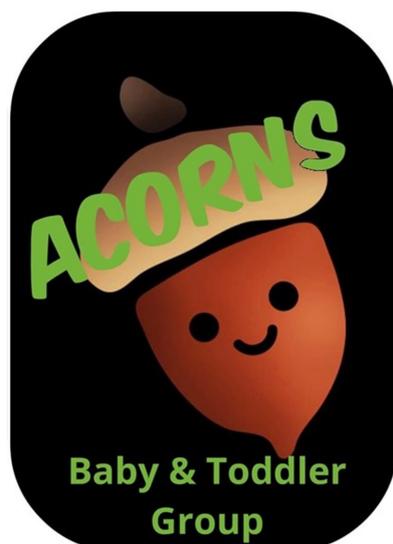
Now, 1 in 6 children report that they struggle with their mental health. As mums and dads, this can feel overwhelming ... but there is good news! You have incredible power to help your kids grow into strong and resilient young people. *A Mind of Their Own* is packed with simple and effective strategies for you to use at home, helping you to better understand what's going on in your child's head.

<b>Eastbourne</b> 10 October	<b>Cheltenham</b> 19 October
<b>Southampton</b> 11 October	<b>Bradford</b> 21 November
<b>Croydon</b> 12 October	<b>Preston</b> 22 November
<b>Nottingham</b> 17 October	<b>Sheffield</b> 23 November
<b>Leicester</b> 18 October	<b>All events</b> 7.30 pm

**To book:**  
029 2081 0800  
cff.org.uk/moto

f t y o i n

A Christian initiative strengthening family life, offering support to everyone. Care for the Family is a registered charity (England and Wales: 1066905; Scotland: SC038697). A company limited by guarantee no. 3482910. Registered in England and Wales. Registered office: Tovey House, Cleppa Park, Newport, NP10 8BA.



## Acorns Baby and

### Toddler Group:

Every Thursday in term-time @ The Bridgemere Centre

from 10 to 11.30am

This group is for pre-school age children and includes toys to play with, a craft/activity table, a Bible story and song time. Refreshment also provided.

We hope you have all had a great summer and enjoyed some time with family and friends.

A huge thank you to all those who helped to make our summer program a success, enabling our regular teams to take a well deserved break.



## Craft Club

**Bridgemere Centre** (Term time only)

Thursday 7.30pm—9.30pm. All Welcome.

Bring our own craft

Have Fun!!

Start your day with us and enjoy a continental style breakfast from 9.30am

**10th September 2023**

Please let us know if you can make it so we can ensure we have enough.

This is a free breakfast. But please give a donation if you are able.

Breakfasts like this usual work out at around £2.50 per head.



### Prayer Meeting:

Every Tuesday from 7.30pm at St Anthony's Centre

**'Nothing is Real'**  
In concert  
Sat 16th Sept 2023 From 7.30pm  
Come and sing-a-long, dance, enjoy an evening of Classic Beatles songs  
The Bridgemere Centre, 100 Bridgemere Road, Eastbourne BN23 6NH  
<FREE ENTRY> Light refreshments available  
All proceeds going to The Bridgemere Centre as a thank you for support during 'lockdown'



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Search for Community Church Eastbourne on Facebook, YouTube or use the links below

[Community Church Eastbourne | Facebook](#)

[Community Church Eastbourne - YouTube](#)

[Community Church - Eastbourne : Our Community Web site \(churchinthecommunity.co.uk\)](#)

## Prayers for the Month

Please Pray for:

Christine Ball as she continues to improve and is now able to get out and about.

All those who are unwell at this time, especially as there appears to be another strain of Covid doing the rounds.

Jeremy Ball whose father passed away recently, the funeral is on Monday 4th Sept.

All those who are grieving the lose of a loved one, no matter how much time has passed.

Our young people:-

Those who are moving away from home for the first time, to attend university.

Those making the transition from nursery to primary; primary to secondary; secondary to college or work.

Our Community:-

Pray for all those still struggling in the current financial climate and all those who are facing another winter having to choose between heat and food.

Pray for all the homeless as we head toward the colder weather.